

# Knürr Sit-Stand Workstation

*The base for a healthy office environment*



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3 part telescopic lifting system



Push-button switch for electronic desk lift



## Accessories:



Tower-PC Holder



Pedestals



Vertical Cable Guide



Horizontal Cable Duct

Description	Order no.	UP
Desk, light grey (1600x800x30mm)	04.322.221.9	1 unit
Desk, acacia décor (1600x800x30mm)	04.322.222.9	1 unit
Vertical cable guide	04.322.231.9	1 unit
Horizontal cable duct	04.322.234.9	1 unit
Tower PC holder	04.322.232.9	1 unit
Pedestal 1/3x3 OU, D600	00.321.550.1	1 unit
Pedestal 1/3/6 OU, D600	00.321.551.1	1 unit

## Sit-Stand vs. Fixed Height Workstations

80% of office work is still done while being seated. According to recent occupational health studies, we should use every opportunity to be physically active whilst working in the office. Studies have shown that users of sit-stand workstations are less likely to suffer from

back and neck conditions, reducing the number of sick absences by up to 40%.

Not only this. Sit-Stand Workstations add to motivation and job satisfaction, thus increasing effectiveness by up to 20%.

### The benefits of using sit-stand workstations:

- Increases productivity up to 20%
- Reduced Risk of Obesity
- Lowered Risk of Type 2 Diabetes
- Fewer other Metabolic Problems
- Lower long-term mortality risk
- Reduced sick-leave days
- Reduced Risk of Cardiovascular Disease with a more activated cardio-circulatory system



- 3-part telescopic lifting columns
- **Height range:** 650 - 1250mm
- **Power:** 230V/50Hz, 300W, Standby 0.1W
- **Usage cycle:** 10%, 6 minutes/hour or 2 minutes full load
- **Lifting speed:** 38mm/sec (without payload)
- Tabletop melamine-coated three-layer particle board
- **Dimensions:** 1600 mm x 800 mm x 30 mm  
Robust base-frame, width adjustable from 140 mm - 2000 mm
- **Load rating:** 80 kg evenly distributed surface load

## Ergonomically designed products and solutions from a single source

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**Knürr Technical Furniture** as business unit manufactures and develops workstations for electronics labs and mobile equipment carriers for healthcare and automotive industries. Furthermore Knürr is the specialist for height adjustable control room workstations.

Learn more about Knürr Technical Furniture products and services at [www.technical-furniture.com](http://www.technical-furniture.com)

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